



2018 CCYC Youth Sailing Information and Parental Responsibilities

Rules:

- Youth sailors must be between the ages of 6 and 18.
- All sailors will take a swimming test: Ability to swim with or without their life jackets, tread water for two minutes, and put on a life jacket while in the water.
- All parents and youth sailors must follow CCYC House Rules and Club Policies at all times.

Dress Code:

- Rubber soled, non-marking shoes at all times. Sandals or bare feet are not allowed. Students with improper footwear will not sail.
- Every Junior Fleet member must wear a Personal Flotation Device (PFD) at all times while on the water and on the docks. All instructors and volunteers will wear life jackets while on the water or on a safety craft. U.S. Coast Guard approved life jackets must be clearly marked with the junior's name and must have a whistle attached. Juniors without proper life jackets will not sail.

It is strongly recommended that sailors have a change of dry clothes and towel available at all times. Capsizes do happen. Swimsuits, rash guards, spray-tops and sailing boots are also recommended, but not required.

Volunteer-based Program:

(Parents are required to volunteer and sign up for one or more tasks – see application for sign-up)

Dock Support: Assist with set-up and breakdown of equipment.

Maintenance: Assist with general maintenance, spring launching and fall decommissioning of boats.

Special Events: Assist with events: Mother's Day, Fourth of July, Memorial Day, and Halloween.

Social: Assist with coordination of events taking place after sailing such as weekly potlucks.

Jr. Fleet:

Junior Fleet is a parent-involved group that aims to encourage and develop the sailing and water-related skills of children (ages 7 to 18) through instructional and peer-to-peer interaction in a structured yet fun and social educational environment. Junior Fleet's goal is to develop knowledgeable youth sailors and instill in them a love of the sport of boating that will serve as a foundation for their future. No previous sailing experience is necessary to join Junior Fleet.

Race Team:

Race Team is for those who have learned the beginner's skills and are ready for the next step. Instructor led coaching includes improving sailing techniques for those that want to enter the world of sailboat racing. Race Team members also participate in 2-3 racing regattas annually.

2018 Schedule:

Jr. Fleet (3:30pm-Dusk) Tues./Fri.	Race Team (3:30PM-Dusk) Thurs.
May: 18, 25	June: 21, 28
June: 1, 8, 15, 19, 26	July: 5, 12, 19, 26
July: 3, 10, 17, 24, 31	August: 2, 9, 16, 23, 30
August: 7, 14, 21, 28	
September: 7, 14, 21, 28	
October: 12, 19	